

# BUSINESS RESILIENCY PROFESSIONALS OF WISCONSIN

<https://brpow.wildapricot.org/>



**BUSINESS RESILIENCY  
PROFESSIONALS OF WISCONSIN**

**A COMMUNITY  
COMING TOGETHER**

## The BRPW Officers 2021-2022

- President - Mark Elsenheimer
- Vice President – Rochelle Robinson
- Secretary – Jeff Girard
- Treasurer – Linda Jacobi-Miller

Welcome to the Winter event lineup for Business Resiliency Professionals of Wisconsin. We look forward to sharing informative meetings, volunteer opportunities, and news with you. Come learn, grow, and above all, have fun with us!

# BRPW EVENTS

BRPW MEETINGS: HELD EVERY SECOND THURSDAY OF THE MONTH FROM 1:00 TO 2:00 PM CT EXCLUDING JULY AND AUGUST.

DECEMBER 2021.  
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## IF YOU MISSED OUR DECEMBER MEETING..

**PRESENTER: PAUL KAMIKAWA**

### **PRESENTATION: HOW TO PLAN AND CONDUCT A SUCCESSFUL BUSINESS IMPACT ANALYSIS UPDATE 2021**

Before the Business Continuity Plan, before the Disaster Recovery Plans, before the recovery strategies are implemented, priorities of the business processes and resources need to be determined and accepted. The impact of an outage must be determined over time to provide the justification for implementation of the recovery strategies. A Business Impact Analysis (BIA) can provide this information. BIA's are not easy to do.

With the current threats such as cyber-attacks and the ongoing pandemic the ability to identify and sustain critical business functions has gained more attention by company executives.

This presentation will examine the planning and preparation needed to get a BIA off the ground and sustain the process. A discussion of the scope of the BIA including collecting Business Continuity Plan data simultaneously will be covered. Examples and techniques will be reviewed including examples of survey questions and support documentation that can aid in the planning and completion of Business Impact Analysis. Emphasis will be given to the data gathering phase of the BIA. This presentation is planning tool agnostic.

## "HOLD THE DATE" UPCOMING MEETINGS

January 13th- Membership Meet up

February 10th-Operational Resiliency Best Practices - Brian Zawada

March 10th- Resiliency Conferences and Certifications

Paul Kamikawa is the Disaster Recovery Coordinator for the Oshkosh Corporation.. Paul has been in the Business Continuity / Disaster Recovery / Systems Management areas for over 30 years. His work has focused on Crisis Management, Business Continuity Planning, and Disaster Recovery. Paul's sector experience includes health institutions, manufacturing companies, insurance companies, utilities, retail businesses, communications companies, petroleum, and financial institutions. He is a Certified Business Continuity Planner with the Disaster Recovery Institute. Paul is one of the founding members of the Business Resiliency Professionals of Wisconsin

# December Meeting (Continued)



PowerPoint "How to Plan and Conduct a Successful Business Impact Analysis Update 2021"

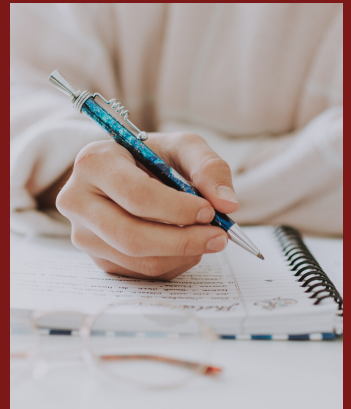


BIA Data gathering tools

## From the Editor



Have you ever wanted to be published? Now is your chance, we need articles for the BRPW newsletter. Or, how about being interviewed for the 'Getting to know (your name)' article? Please consider contributing to our next issue. Email us [here](#).



Did you know there is a Professional Forum page on the [BRPW website](#)?



The forum topics include:

- educational opportunities
- job postings
- professional topics

Subscribe on the website to join the conversation or post new topics.



# BRPW NEWS

TOPICS TO KEEP YOU RESILIENT

## Mental Health

Unfortunately, it is no surprise psychological consequences occur after a natural or man-made disaster. Emergency response personnel realize victims of disasters are often affected by the loss, stressors, and depression associated with trauma incurred by disasters. It is just as essential to consider that exposure to the trauma and effects of a disaster affects those helping and responding.

Studies have shown that a person's resiliency before a disaster can affect their psychological outcome following a disaster. There are ways to help someone working in emergency management, EMS, disaster recovery, or any field find ways before and after a disaster to help them cope.

As with disasters, prevention, mitigation, preparedness, response, and recovery can help deal with trauma and depression.

Before a disaster, have a plan to have hobbies or activities that help you cope with life already. Yoga, weightlifting, reading, walking, or talking with someone are great ways to help with stress and depression.

During an event, know what you need to do to get your job done, listen to others, and do not be afraid to take a breath.

After an event, give yourself time to decompress. Take time for yourself; listen to your body and mind, and be prepared to fall back on the hobby that helps you deal with stress and talk with your family, friends, coworkers or a trained psychologist.



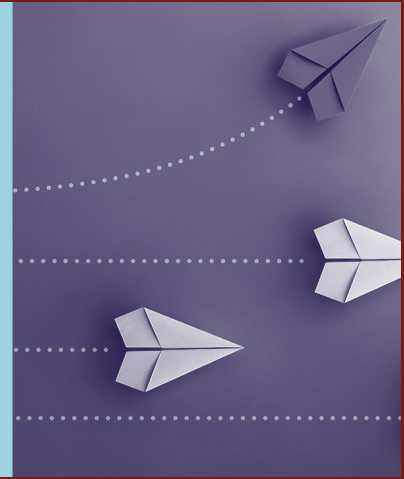
Here are some links for articles on Emergency Management dealing with stress and depression.

- [A Guide to Managing Stress in Crisis Response Professions](#)
- [Special on Mental Health in Emergency Magement](#)
- [Yoga for COVID-19 and natural disaster related mental health issues: Challenges and perspectives](#)
- [Taking Care of Your Emotional Health During a Disaster](#)
- [Identifying Substance Misuse in the Responder Community](#)

[Talk To Someone Now](#)

# Evolving Resiliency Strategies

 BC Management  Castellan



BCM CAREER & PROFESSIONAL  
DEVELOPMENT STUDY

From Cheyene Marling and BCM

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## *A SURVEY*

Participate Today to Receive Your Complimentary Report (aggregate report on all study participants) & a

Customized BCM Peer Benchmarking Dashboard - Coming in Q1 2022!!

(Customized Dashboards are Available by Industry or Organizational Revenues)

Please share with your colleagues - a better response enhances our assessment for the profession.

2021 has been a year of unprecedented change for many organizations. We want to hear from you:

- How have your business continuity and resiliency strategies evolved during the past 12 months?
- Please complete this quick 10-minute study. All participants will receive a complimentary report on the survey findings in addition to a BCM Peer Benchmarking Dashboard - customized by industry or organizational annual gross revenues.
- Your response is completely confidential - we only need your email address (can be personal) to send the report and peer customized dashboard to.

# Survey Continued

## Who should participate?

- Participants must be responsible for business continuity, disaster recovery, resiliency planning, and/or crisis management.
- Study accommodates planners to global managers.

## Why participate?

- Study participants will receive a complimentary copy of the study findings.
  - BC Management has been conducting BCM data metrics research/assessments since 2001.
- The response is immense, driven by the value the results provide.
- The scope is world-wide, due to our extensive contacts and partnerships.
- The company is independent, as we are a neutral party on the results.
- Completely confidential - Only your email address will be kept on file for report distribution & future study notifications.

Please direct any questions to [info@bcmanagememt.com](mailto:info@bcmanagememt.com). If you participated in a previous study, but didn't receive your corresponding complimentary report, please contact [info@bcmanagememt.com](mailto:info@bcmanagememt.com).

Thank you in advance for participating. We look forward to sharing the results.



Thank you,  
~ BC Management

# BRPW MEMBERSHIP CORNER

## SOCIAL MEDIA

BRPW IS ACTIVE ON MANY SOCIAL MEDIA PLATFORMS!

FACEBOOK: FOLLOW

TWITTER : FOLLOW

LINKEDIN: FOLLOW

WEBSITE: [HTTPS://BRPOW.WILDAPRICOT.ORG/](https://brpow.wildapricot.org/)

PLEASE BE SURE TO VISIT OFTEN, LIKE, SHARE AND COMMENT! IT WILL HELP OUR COMMUNITY GROW!



## MEMBERSHIP GIVE - AWAY!

Connect with us this month via social media for a chance to win this great BRPW tumbler with straw!

**How to win-** Follow us on LinkedIn and say hello to your follow BRPW members!

That is it! Just a follow and hello.

Winner will be randomly selected from those that enter on January 13th, during our monthly webinar.

Keep an eye out on our Social Media and Newsletters for future giveaways!

## THANK YOU!

We wish each and every one of you a blessed and safe holiday season and look forward to connecting for another successful BRPW year in 2022!

